

# PEDIATRIC ASSOCIATES OF AUSTIN, P.A.

1600 W. 38th Street, Suite 100, Austin, TX 78731

www.pediatricassociates.net | 512.458.5323

## Portal Lab Results

Our in-house labs are uploaded to the patient portal. Your provider should discuss reasons for each ordered test and form a plan based on the results. Additional information for each test is below.

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### CBC

A complete blood cell (CBC) is performed for many reasons. When done during a well-check, the purpose is to review general health and screen for health concerns such as iron deficiency anemia. When a CBC is performed during a sick check, this test is used to determine the next steps for your child's care.

When reviewing CBC results, you will see a reference range for each number. These are set by the child's age. Your child's provider will review every CBC value. Very often, one or more values will fall out of the reference range; this can be completely normal and is not worrisome.

For well-check CBC's, we will only call if a lab value is concerning to your provider. **If you do not receive a call from us to discuss results, this means your provider has no concerns about your child's lab values and those values marked as higher or lower than the range are not concerning to your child's health. No news is good news!** For sick-check CBC's, we will be in contact with you to discuss results and determine next steps.

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### Lead

A blood lead test is often performed during early childhood. Expected levels are less than 3.5 µg/dL. Though very uncommon, if a child is exposed to lead from lead based paint dust (found in homes built <1978), lead glazed cooking pottery, certain imported candies, or contaminated soil, brain development can be affected.

Your provider will review all results. **If you do not receive a call from us to discuss results, this means your provider has no concerns about your child's lab values and no news is good news.**

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### Cholesterol

We follow recommendations from the American Academy of Pediatrics (AAP) to screen for elevated cholesterol between the ages of 9-11 years. Some children may be at higher risk of elevated cholesterol, and we may recommend screening in early childhood. Our test evaluates non-HDL cholesterol, and expected results are <120 mg/dL.

**If you do not receive a call from us to discuss results, this means your provider has no concerns about your child's lab values and no news is good news.**

For additional tips check out information from [Stanford Children's](https://www.stanfordchildrens.org)



or [Children's.com](https://www.childrens.com)



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### Rapid tests (strep, COVID, Influenza A/B, RSV)

When evaluated for symptoms of illness, it is often helpful to perform certain bacterial (strep) and viral (COVID, Flu A/B, RSV) testing, as indicated from symptoms and physical examination. There are times when testing for one or more of these causative organisms will not change our recommended course of action. Your provider should discuss reasons for each ordered test and form a plan based on the results. Their goal is to provide you with a plan based on results being positive or negative.

Our laboratory staff will call you with these results, whether positive or negative. If you have additional questions based on results, feel free to ask the lab staff to have a nurse call you back.

### Return to school based on rapid test results

In general, your child can return to school when fever free for 24 hours (without fever reducing medication) and symptoms are improved. Additional guidelines include:

- **RSV** (testing only < 3 yrs): fever free for 24 hrs. (without fever reducers) and runny nose has resolved.
- **Strep** (testing typically > 3yrs): fever free for 24 hrs. (without fever reducers) and on antibiotics for 24 hrs.
- **COVID**: follow school-specific rules and [CDC Guidelines](#) 
- **Influenza**: fever free for 24 hrs. (without fever reducers) and improved symptoms. Within the first 72 hrs. of illness, antiviral medications can be prescribed, but are typically reserved for children who are at a high risk for flu complications. Medications have side effects to consider [read more here](#) 
- **If none of the above**: fever free for 24 hrs. (without fever reducers) and improved symptoms.

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## Urinalysis

A urinalysis (UA) is performed for many reasons. When done during a well-check, the purpose is to review general health and screen for health concerns.

**For well-check UA's, we will only call if a lab value is concerning to your provider**

When performed during a **sick check**, this test is used to determine the next steps for your child's care. Your child's provider will review every value and send the sample for a culture at an outside lab to assure there is no UTI. **If the initial test (UA) is reassuring, we will call after the urine culture results are returned (in approximately 2 days) to discuss results and determine next steps. While waiting for this call, if any symptoms worsen, or you are concerned, please contact us.**