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Family Resources for ADD/ADHD

Learning to manage symptoms of ADD/ADHD can be challenging initially, but we are here to offer guidance and support. Because questions often arise outside of office hours, we wanted to provide some trustworthy online health resources. Scan or click each QR code to read more.



[ADD/ADHD Tool Kit](#)



[CHADD Parent Guide](#)



[Educational rights for ADD/ADHD](#)



[ADHD Book List](#)



[Help from School](#)



[PAA Services including ADD/ADHD](#)