



1600 W. 38th Street, Suite 100

Austin TX, 78731

www.pediatricassociates.net | 512.458.5323

Dear Parents,

You are receiving this letter because your child has been diagnosed with ADD/ADHD and is being managed by our providers. Ongoing communication and regular follow-up are essential, as your child's needs may change over time with growth, development, and school demands.

Our approach follows guidelines from the American Academy of Pediatrics and the American Academy of Child and Adolescent Psychiatry, with a focus on close monitoring—especially when starting or adjusting medication.

What to expect:

- At the initial evaluation, we'll schedule a **follow-up visit about 1 month later** (timing may vary), to assess response and side effects.
- **Ongoing follow-up in 3–6 months** depending on your child's progress, side effects, and clinical concerns. We will closely monitor growth, blood pressure, and treatment efficacy.
- Long term, once an effective dosage has been established, **visits are needed every 6 months**, with at least one visit being a well check. If your child is away at school, we will work with you to ensure appropriate follow-up, including Telemedicine visits as appropriate.
- Additional follow-up visits may be necessary if concerns arise or medication adjustments or changes are needed.

Prescription refills:

Prescriptions are sent electronically. **Please allow up to 1 week for processing. Refills at the 6-month mark require an office visit and will not be completed by phone.** We recommend scheduling follow-up visits at least 2 weeks before medication runs out to avoid interruptions.

Please note that your pharmacy's stock of a particular medication may vary based on nationwide shortages and community demand, so have a backup pharmacy in mind and be prepared to communicate with your pharmacy as needed.

If you have any questions, your provider will be happy to discuss them at your next visit. Thank you for trusting us with your child's care.



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Pediatric Associates of Austin - ADHD Medication & Refill Policy

Controlled substances (including ADHD medications) require careful monitoring to ensure safety and effectiveness. In accordance with American Academy of Pediatrics guidelines, patients must be seen **at least every 6 months** without exception.

Follow-Up Visits

- Visits are required to monitor side effects, blood pressure, growth, school performance, and overall progress.
- During the first year of treatment or when adjusting medication, additional visits may be needed.
- Schedule a visit anytime concerns arise related to ADHD or medication.

Prescription Refills

- Requests may be made by phone or portal (select “prescription refills” when calling).
- Provide: patient name, date of birth, medication, dose, and pharmacy.
- Allow **up to 1 week** for processing.
- Please request refills in advance to avoid gaps.

6-Month Requirement for Refills

- At the **5-month mark**, please call us to schedule a medication check or annual visit. We will do our best to remind you when follow-up is needed.
- If no appointment is scheduled by month 6, you will be contacted again and notified that **no further refills will be provided until a visit is completed**.
- If overdue, we will work to schedule an appointment within 2 weeks, but **refills will not be provided until the visit occurs**.

I understand and agree with the above policy.

Parent Signature _____ Date _____